Surgical Coaching Project

S. Adil Husain Brian Kogon Linda Lambert







- HeartWise LLC





Plastic and Reconstructive Surgery <u>146(1):p 144-153</u>, July 2020.

Feasibility of Surgeon-Delivered Audit and Feedback Incorporating Peer Surgical Coaching to Reduce Fistula Incidence following Cleft

Sitzman, Thomas J. M.D., M.P.H.; Tse, Raymond W. M.D.; Allori, Alexander C. M.D., M.P.H.; Fisher, David M. M.D.; Samson, Thomas D. M.D.; Beals, Stephen P. M.D.; Matic, Damir B. M.D., M.Sc.; Marcus, Jeffrey R. M.D.; Grossoehme, Daniel H. D.Min.; Britto, Maria T. M.S.

- Surgical Mentoring / Teaching
- Cleft Palate Repair Project

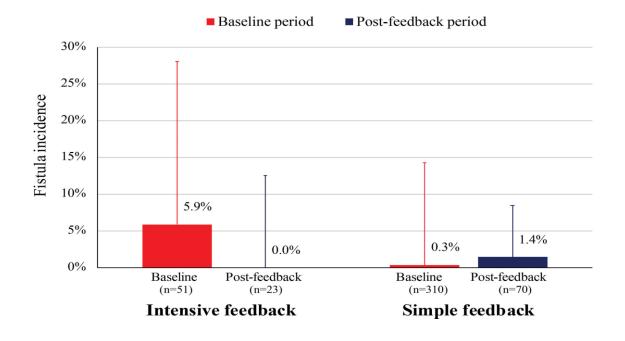
Palate Repair: A Pilot Trial

- 7 surgeons enrolled in Project
- Baseline Audit of Fistula Incidence

PEDIATRIC/CRANIOFACIAL: SPECIAL TOPIC

- Those above median Surgical Coach
- "Intensive" v "Simple" Feedback
 - Improvement in Outcomes
 - Reduced Overall Healthcare Expenditures
 - Validity of Surgical Coaching

Fistula Incidence by Type of Feedback

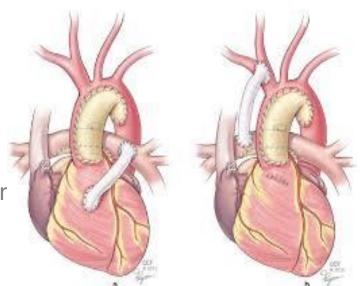






Project Rationale / Objectives

- Teaching / Mentorship
- NPC-QIC focus on Stage I Palliation Norwood Procedure
 - Surgical Coaching Project Collaborative Learning: "All Teach All Learr
 - Profound Degree of Technical Variability
 - Value of Programmatic Visitation
 - Fostering of Professional Relationships
 - Structure / Define Coaching Visits
 - Potential to Collect Useful Data
 - What to Collect?
 - How to Analyze?





Study Purpose

- Primary Objective
 - Determine *feasibility* of formalized visiting surgical mentorship
- Secondary Objectives
 - Identify areas of interest amongst surgeons
 - Acknowledge patterns of surgical practice variation
 - Catalog technical and programmatic skills acquired by coaching visits
 - Monitor changes made by visiting surgeons within their own practice
 - Track potential changes in surgical outcomes for surgeons following participation





Study Design

- Identify 5 host institutions
 - Host program publicly reports data to the Society of Thoracic Surgeons
 - Host program is "high volume" and has performed on average > 15 Norwood Procedures per year for past four years
 - Host program has STAT V mortality rate < 15% over past 4 years
- Open program to 10 visiting surgeons
 - Visiting surgeon is Congenital Board Certified
 - Visiting surgeon has formal sponsorship from Division or Departmental Chairperson
- IRB Process: "Patient" = Visiting Surgeon
- All "traffic" for program will be organized via NPC-QIC Web Based Platform / Calendar





Web-Based Process - Application

- Applicant "Application Form"
 - Demographics / Contact Information
 - Personal and Institutional Experience with HLHS / Norwood Procedure
 - Consent Form
 - Letter of Support from Division / Dept. Chairperson
 - Access to Host Site Links
- Host Site Link
 - Primary Surgical Contact Information
 - Credentialing Office Contact
 - All Credentialing Paperwork PDF Challenge of Credentialing Variability
- Applicant "Approved"
 - Proof of Credentialing Approval
 - Confirm Completion of Initial Survey
 - Access to Web Based Platform / Calendar





Password Protected Web Based Platform / Calendar

- Host programs would post on the calendar when a Norwood has been scheduled at their institution
- Approach to HIPAA Compliance Non-identified information
- Automatic electronic notification to "accepted" applicants of a case being scheduled
- Point of contact at institution host surgeon or other individual
- Mechanism for a visiting surgeon to accept invitation and be identified as visitor so that it would be "closed" to other interested visiting surgeons





Visitation Logistics

- Visiting surgeon is responsible for arranging logistics of travel and lodging
- Visiting surgeon and host surgeon speak directly once calendar "sign up" has been completed
- Visiting surgeon commits to arrive night before operation and leave morning after operation
- Pre-operative briefing morning of case
- Post-operative debrief following case
- NPCQIC formal contact with host site following a visit to ensure any concerns are identified and addressed



Study Data Collection: Visiting Surgeon Surveys

- Visiting Surgeon Surveys (3)
 - Pre Visit
 - Surgeon Demographics
 - Three defined technical / programmatic variables of interest goals?
 - Post Visit (to be completed within one week of visit)
 - Visit site Demographics
 - Details of Procedure Observed
 - Scaled set of Feasibility Questions
 - Follow-Up (6 months post visit if not completed automatic resend)
 - Answers to three variables of interest goals
 - Continued Dialogue with host program?
 - Any additional programmatic changes?
 - Outcomes Metrics
 - Morbidity / Mortality
 - Rates of Re-Intervention





Pre-Visit Areas of Interest

- Operative Logistics
- Perfusion Strategies
- Arch Reconstruction
- Source of Pulmonary Blood Flow
- Intra operative monitoring strategies
- Initial post operative approaches
- Programmatic Considerations
 - Pre Op Note to Heart Center
 - Pre Brief in Operating Room
 - Team Composition in Operating Room
 - ICU Hand Off Post Op
 - Expectations within first 24 hours





Potential Detailed Outcomes Metrics

- % of infants leaving the OR with optimal anatomy / function after stage 1 palliation
- % of infants undergoing unplanned reintervention following Stage 1 palliation
- % of infants who experience Adverse Events after stage 1 palliation until discharge





Current Project Status

- 5 Host Institutions Identified
 - UT Southwestern
 - University of Michigan
 - Columbia University
 - Cincinnati Children's Hospital
 - University of Utah / Primary Children's Hospital
- Web Based Calendar Site Constructed -
 - Application Process
 - Credentialing Warehouse
 - Scheduling Calendar
- Project Surveys Developed
 - Pre-visit
 - Post-visit
 - Six-month follow up





Post Visit Survey Sample Comments

- Aortic Arch:
 - Technique of Arch Reconstruction to include material employed
 - Approach to DKS
- Source of Pulmonary Blood Flow:
 - Use of Venous-valved homograft for systemic to pulmonary artery shunts
 - "Dunking" Technique
- Perfusion Strategies
 - Miniaturizing Circuit for CPB
 - LFCP v DHCA
- Intra Op Resuscitation
- Time to Norwood following birth
- When / If to use Hybrid short interval before Norwood?
- Video recording of cases to take back to home institution





Current Project Status Next Steps

- 7 Visiting Surgeons have been identified (8th surgeon application in process)
- Confirmation of Credentialing Process Complete
- 11 Observational Visits have been completed All 11 post visit survey's complete
- 2 Visiting Surgeon has completed all three visits
- 8 six month post visit surveys complete
- Identify 2-3 more visiting surgeons
- Survey Analysis / Data Collection
- Virtual Gathering of all Visiting Surgeons to examine process and discuss
- Virtual Gathering of all Host Programs to ensure enrollment is being optimized
- Publish Proof of Concept Findings
- Identify more tangible scientific approaches to surgical coaching projects





Surgeon Coaching Project Website Pages

- Surgeon Coaching Page: <u>https://www.npcqic.org/surgical-coaching</u>
- Surgeon Coaching Calendar Page:
 - You will need to copy and paste the url into your internet browser, you cannot click the link to access: https://www.npcqic.org/surgical-coaching-project-calendar
 - Password:
- Surgeon Coaching Calendar events:
 - You will need to copy and paste the url into your internet browser, you cannot click the
 - link to access: https://www.npcqic.org/surgical-coaching-project-calendar-dates
 - Password:
- Surgeon Coaching Project Host Centers:
 - You will need to copy and paste the url into your internet browser, you cannot click the link to access: https://www.npcqic.org/surgical-coaching-project-host-centers
 - Password:

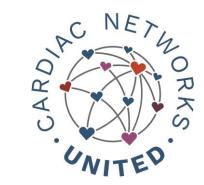




Thank You

- Jim Tweddell
- Jim Hammel
- Gail Wright
- Shari Wooton
- Tom Sitzman
- Linda Lambert
- Sarah McGovern









Norwood Surgical Coaching Project:

My personal experience

Brian Kogon MD Chief, Congenital Cardiac Surgery VCU, Children's Hospital of Richmond





Background

20 years out of training

Emory University/Children's Healthcare of Atlanta University of Mississippi Medical Center Advent Health Orlando VCU/Children's Hospital of Richmond

Performed over 100 Norwood Operations

88% survival





	Large academic center	Small Academic center	Small private practice	Summary
Number of Norwood operations	20-25	4-8	2-5	-
Program longevity	1977	2010	2012	➡
Team experience	High	Low	Low	➡
Survival	High	Medium	Low	
Team morale (Communication/trust)	High	Medium	Low	➡

WHY DID I WANT TO PARTICIPATE IN THE NORWOOD SURGICAL COACHING PROJECT ?





Questions?

1. Why was I never able to achieve the 90-95% survival achieved by some surgeons ?

(How do I need to do the operation differently to get better?)

- 2. Although the overall survival was very good, why was it lower at the smaller academic and private program ?
- 3. What accounted for the poor team dynamics (the breakdown in communication and trust) within some programs surrounding the Norwood patients ?





My experience

- The Logistics





Scheduling the visit

Rolling schedule with little advanced notice

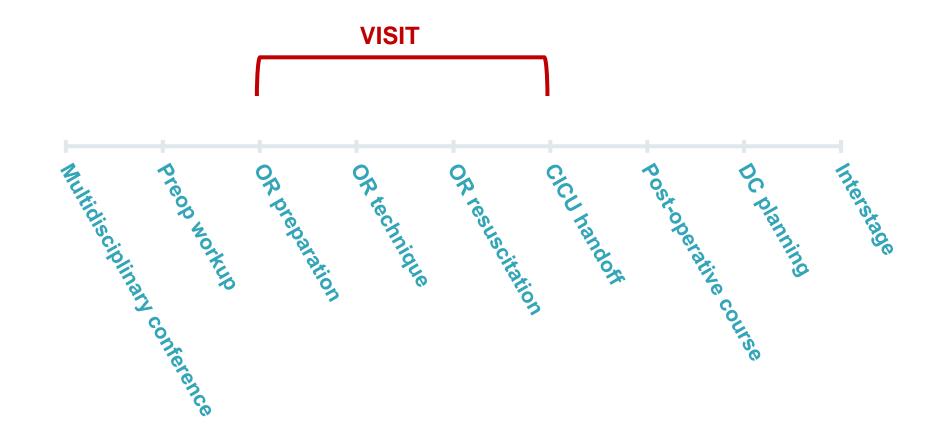
Schedule changes rapidly

Cincinnati – changed from a surgical Norwood to a hybrid Norwood Columbia – postponed to following day for baby with TAPVR





Duration of visit







Who are you going to visit

Dr Hussain: "You are going to visit center, not a surgeon"

```
Michigan
Dr. Sood – fellowship in 2020
Cincinnati
Dr. Awais - fellowship 2020
Columbia
Dr. Goldstone – fellowship 2021
```





Cost of the visit

\$1,000-1,500 per visit

CME allowance Program support Personal expense





My experience

- The Surgery





Surgical technique

Norwood project 1 (7 years ago)

Tom Spray RA/ductus cannulation Cool for 20 minutes Complete repair 33-37 minutes Warm for 20 minutes Sternal wires 10:30 am



Jim Tweddell Music and humming Shunt on innominate RA/shunt cannulation Cool with selective Slow meticulous repair Warm Sternal wires 3:30 pm





Surgical technique

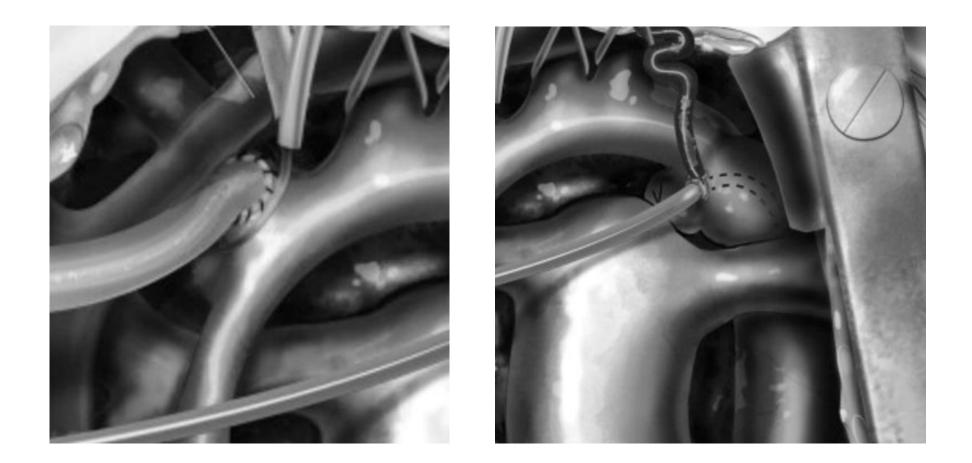
Variability

Cannulation, CPB/perfusion strategy Sano – size, proximal and distal connections DKS Arch reconstruction

> National Pediatric Cardiology Quality Improvement Collaborative



Cannulation, CPB/perfusion strategy



Selective cerebral perfusion

Circulatory arrest

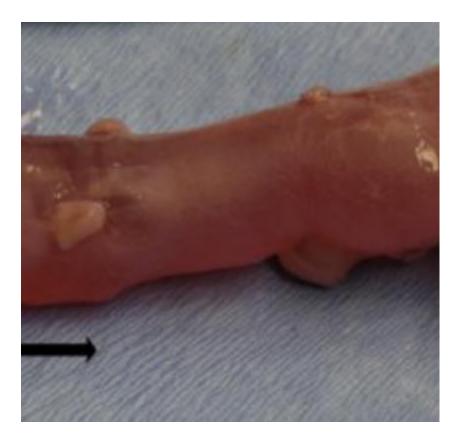
Cannulation, CPB/perfusion strategy

	1	2	3
Cannulation	Innominate/RA	Innominate/RA	Ductus/RA
Perfusion	Selective	Selective	Circulatory Arrest
Temp	18 degrees	18 degrees	18 degrees

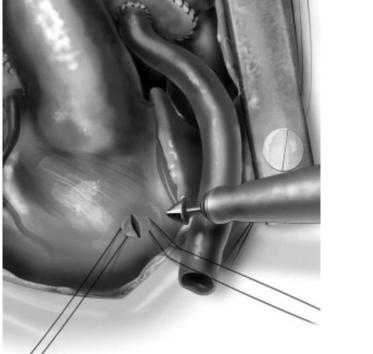
*Surprised that the selective cerebral perfusion teams continued to cool to 18 degrees

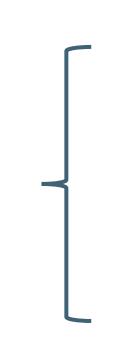
Sano Size and Composition



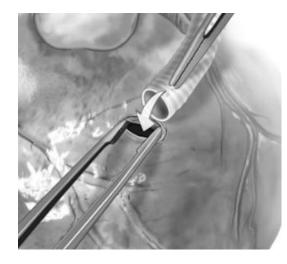


Sano - Proximal



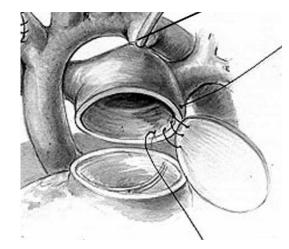


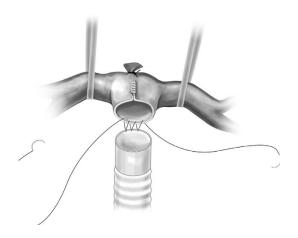


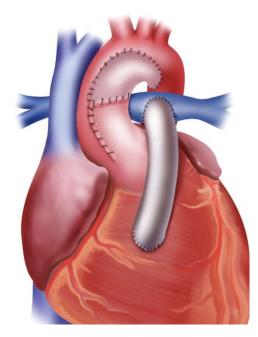


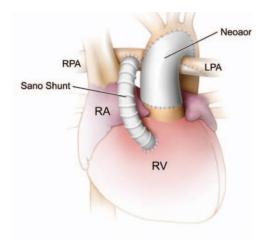










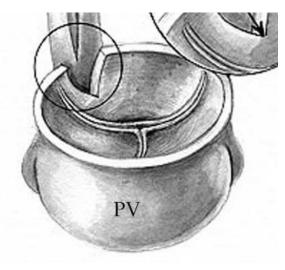


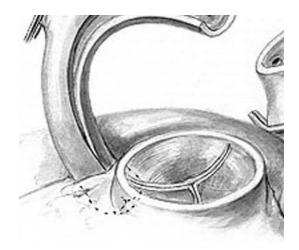
Sano

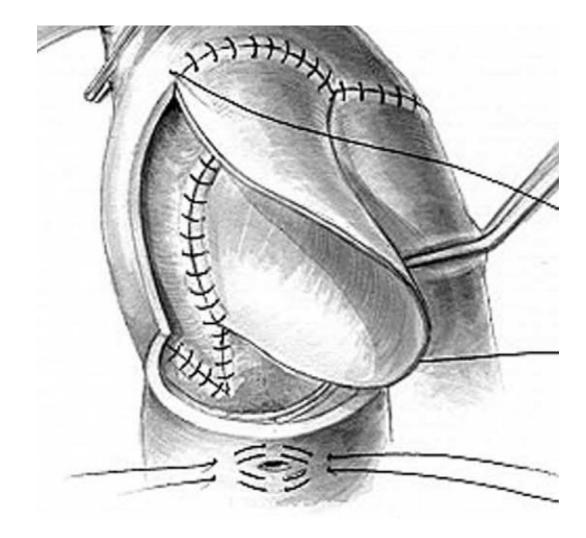
	1	2	3
Size/Comp	5 mm Ringed	5 Ringed	Composite
Proximal	Dunked	Dunked	Dunked
Course	Right	Right	Left
Distal	Bifurcation patch Dunked	Bifurcation patch Dunked	Into bifurcation, no patch

*Dunk technique varied in respect to how many purse-strings were used and whether additional tacking sutures were placed

DKS and arch reconstruction







DKS and Arch Reconstruction

	1	2	3	
DKS	Cutback Running 7.0 Proline	Cutback Running 7.0 Proline	No Cutback 3 interrupted 7.0 Proline	
Aortic arch	Similar Subtleties Homograft patch vs Hemi-PA Preference based on curve or availability Imbricated patch along posterior arch suture line for improved hemostasis Very scientific about shape and trimming patch vs. eyeball and trim and you go			

Surgery - variability

Just taking 3 different ways of doing just a handful of the steps of the operation...

 $3^5 = 243$

Hundreds of ways to do the operation





My experience

- Tangible Lessons





It's all about collaboration



A process where individuals or groups compete against each other to achieve a specific goal

Goal – take great care of patients and achieve a top US News and World Report ranking





A process where individuals or groups work together to achieve a common goal

Goal – take great care of babies and improve the outcomes for all Norwood patients across the country





It's all about collaboration

GO VISIT ANOTHER PROGRAM EVERY FEW YEARS

Opportunities Morning rounds Multidisciplinary conference Meet the entire team Surgery, Cardiology, Anesthesia, Perfusion, Nursing, Residents/Fellows

Team Relationships Patient care philosophy



Variability in the surgery

The operation does have to be "perfect" but it doesn't matter how it's done or who does it

Take what you've seen, pick a way to do it that you like, and get really really good at it that way

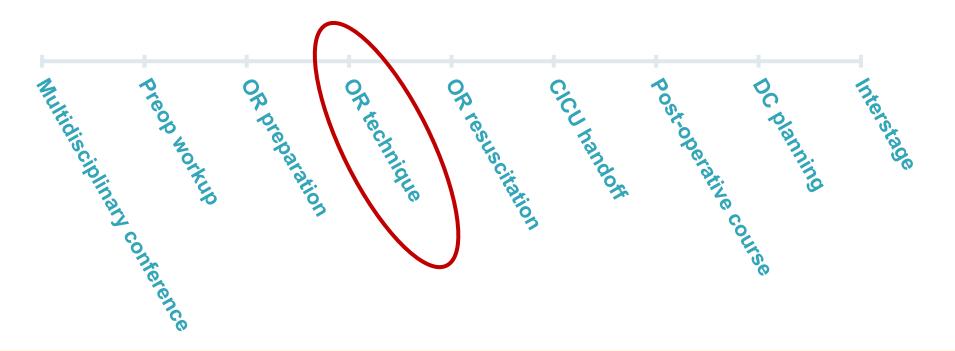




It's about a lot of things other than the operation

There is the "Norwood operation"

..... And there is the "Norwood Process"







	Large academic center	Small Academic center	Small private practice	Summary
Number of Norwood operations	20-25	4-8	2-5	
Program longevity	1977	2010	2012	➡
Team experience	High	Low	Low	
Survival	High	Medium	Low	
Team Morale (Communication/trust)	High	Medium	Low	➡

	Large academic center	Large academic center	Small Academic center	Small private practice	Summary
		(VCU/UVA collaborative)			
Number of Norwood operations	25	15	5-10	2-5	➡
Program longevity	1977	1960	2010	2012	➡
Team experience	High	High	Low	Low	➡
Survival	High	High	Medium	Low	
Team Morale (Communication/trust)	High	High	Medium	Low	➡





